

Blackbird by The Beatles

Blackbird singing in the dead of night
Take these broken wings and learn to fly
All your life,
You were only waiting for this moment to arise

Blackbird singing in the dead of night
Take these sunken eyes and learn to see
All your life,
You were only waiting for this moment to be free

Blackbird fly, blackbird fly
You were only waiting for this moment to arise

From Blackbird (lyrics): John Lennon and Paul McCartney

Storytelling in small groups or through personal reflection. One by one, each person shares their answer to the first prompt below. Then go to next question and so forth. A person can pass.

1. Share your thoughts and feelings about “All your life, you were only waiting for this moment to arise.”

(what does it feel like to acknowledge and accept that your whole life up to now is experienced in the present moment, as if you were waiting for, or had chosen, this moment to arise?)

2. Share a story of a “Blackbird singing [to you] in the dead of night.”

(Did you feel sad, afraid, or angry?)

3. Share your thoughts or feelings about “All your life, you were only waiting for this moment to be free.” (How do you experience “being free?”)

Check out and download more small group storytelling reflections and prompts at:

<https://lifesjourney.us/storytelling-in-small-groups-menu/>

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